



## Rehabilitation Engineering Research Center on Augmentative and Alternative Communication RERC on AAC



RERC on AAC



NIDILRR

## Acknowledgements

- We are grateful to the individuals who rely on AAC and their families who have allowed us to be part of their lives and have inspired our work.
- This research was supported by grant #90REGE0014 to the Rehabilitation Engineering Research Center on Augmentative and Alternative Communication (The RERC on AAC) from the National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR). NIDILRR is a Center within the Administration for Community Living (ACL), Department of Health and Human Services (HHS). This research does not necessarily represent the policy of NIDILRR, ACL, HHS, and you should not assume endorsement by the Federal Government.
- For more information, please visit our website at [rerc-aac.psu.edu](http://rerc-aac.psu.edu)



RERC on AAC

## • Session Feedback Evaluation

- Your feedback is very important to us. Please be sure to complete the session evaluation through the ATIA mobile app

## • Learning Objectives

- Describe 2 research projects of the RERC on AAC
- Describe 2 development projects of the RERC on AAC
- Describe 2 webcasts from the AAC Learning Center

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## The need

- More than 5 million Americans have severe disabilities resulting in complex communication needs
  - Developmental disabilities
  - Acquired conditions
  - Degenerative disabilities
- More than 97 million people worldwide



RERC on AAC

## Augmentative and Alternative Communication

### • AAC technologies offer the potential to

- Enhance communication &
- Increase participation



### • Substantial advances in AAC over the past 40 years

- But the potential has not been fully realized for many individuals with complex disabilities



## Barriers for individuals who require AAC

### Many individuals with complex needs

- have only minimal movement and cannot reliably control technology
- are not literate and are excluded from the use of many technologies
- are overwhelmed by the substantial learning demands of many AAC technologies and choose not to use them
- face significant societal barriers, especially when communication partners are unfamiliar and untrained in AAC

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## NIDILRR-funded RERC on AAC

- The **RERC on AAC** conducts
  - **Research** to advance knowledge & enhance participation
  - **Development** to improve AAC technology solutions
  - **Training** to increase the knowledge of consumers, service providers, researchers, technology developers & policy makers
  - **Dissemination** to reach all stakeholder groups and bridge the gap between research and practice
    - To expand “what is possible”
    - To ensure “what is possible” becomes “what is probable”



## RERC on AAC Research and Development Projects

- **Research Projects**
  - R1 Video VSD Intervention
  - R2 AAC Literacy Decoding Technology
  - R3 Motion in AAC User Interface Displays
- **Development Projects**
  - D1 Access Navigator
  - D2 Smart Predict
  - D3 Partner mTraining



## RERC on AAC Training and Dissemination Projects

- AAC Learning Center
- Consumer Forum
- AAC Doctoral Student Think Tank
- Future of AAC Research Summit



## R1 Video Visual Scene Display (VSD) Intervention

David McNaughton, Janice Light, Erik Jakobs, Beth Frick Semmler, Rylie Mueller, Christine Holyfield, Sharon Redmon, Rebecca Woods



## Communication

- Speech will not meet communication needs of
  - 40% of adults with autism spectrum disorders
  - 50% of adults with Down syndrome
- Less than 10% of adults with developmental disabilities who **need** communication supports **receive** communication supports

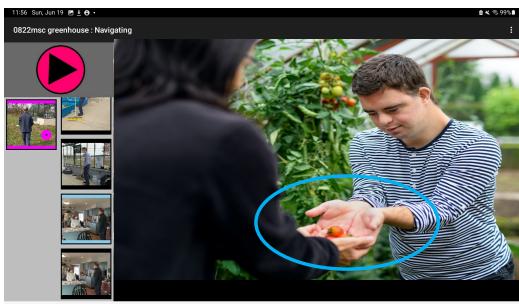


## Video visual scene display (VSDs)

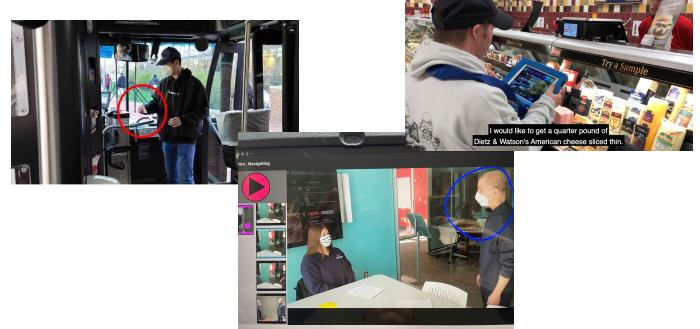
- Capture video of events/ interests
- Pause at key moments
  - Create visual scene at these junctures
  - Add hotspots with speech output



### Video VSD - Greenhouse (19 steps)



### Wide variety of activities



### Research to date

#### • Series of single-case experimental studies

- Improved outcomes in
  - Shopping (Babb et al, 2021)
  - Riding public transportation (O'Neill et al, 2017)
  - Working in a foodbank (Babb et al, 2020)
  - Working in a library (Babb et al, 2019)



#### • RCT study (in progress)

- 19 adults with IDD (Study 1)
- 14 autistic adults (Study 2)
- Intervention developed by family/caregivers, community professionals
- 24 adults with IDD or on autism spectrum (Study 3)

### Video VSD

#### Studies 1 & 2

- Support **independent performance** of complex, multi-step skills in community settings
- **Easily learned and used** by autistic persons and persons with IDD
- Provide **communication assistance** as needed
- Make use of **highly portable, commonly available** technology



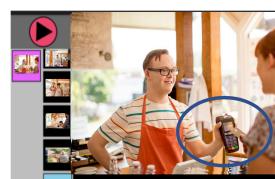
#### Study 3

- Investigate development for **individually selected goals** by typical support providers
  - family members, group home workers

### Video visual scene display (VSD)

#### Expected outcomes

- Supports for development and delivery of Video VSD interventions
  - online training module
- Tech transfer to manufacturers to support iterative development of Video VSD app



### D1 Access Navigator Software to Improve Alternative Access Services

Heidi Koester, Susan Fager, Erik Jakobs,  
Tabatha Sorenson, Jessica Gormley



ATIA 2025: Booth

## Access Navigator – Problem statement

Jim is a farmer in a rural Midwestern state, diagnosed with ALS. Living 400 miles from an AAC assessment center, he relied on his local speech-language pathologist (SLP) to support his needs as his disease progressed. Trying to provide Jim with a sophisticated, high-tech access method, he eventually received an eye-tracking device but struggled to use it successfully. His SLP was frustrated with the lack of support she had to select, implement, and monitor this complicated access method with Jim and often wondered if she had made the right access decision.

**Jim and his SLP needed support to make appropriate access decisions and ensure his full access to communication.**



## Challenges with Alternative Access

- Alternative access methods help people with motor impairments control technology
- But people don't always get methods that are the best fit for their needs
- Why not?
  - AT providers may not have needed knowledge and skills
  - Difficulty carrying out systematic, evidence-based assessment process
  - Existing assessment tools may be cumbersome, time-consuming, or incomplete

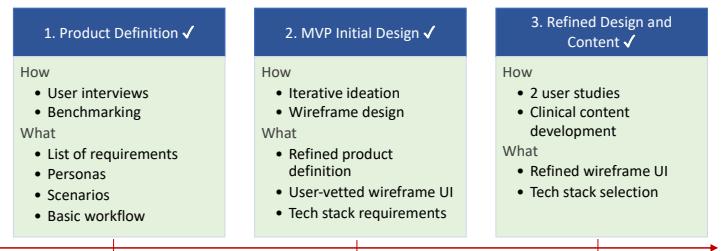


## Access Navigator – Proposed solution

- Develop Access Navigator software
- Web-based tool to guide access assessments
- Improves the quality of the assessment process:
  - Leads teams through a repeatable, systematic process
  - Incorporates performance measurements for evidence-based decision-making
- Will be freely available



## Access Navigator – User-centered design timeline

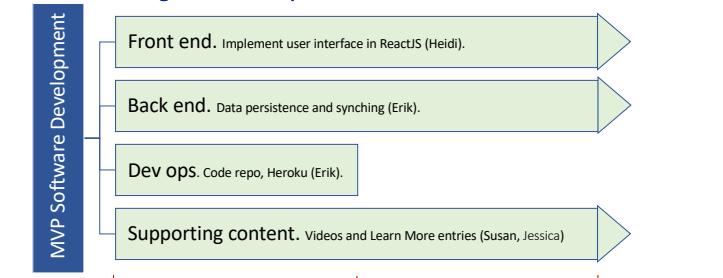


## Access Navigator – highlights of user-centered design phase

<ul style="list-style-type: none"> <li>• Interviews with 11 people</li> <li>• 46 themes and corresponding requirements for the app</li> </ul>	<ul style="list-style-type: none"> <li>• UI Feedback from 12 practitioners           <ul style="list-style-type: none"> <li>• Balsamiq wireframe design</li> <li>• High agreement that:               <ul style="list-style-type: none"> <li>• They'll use Access Navigator with their clients</li> <li>• It's easy to use</li> <li>• It covers the important aspects of the assessment process</li> <li>• Basic workflow is sound</li> </ul> </li> <li>• "Yeah, I would use this. I can't wait to use this!"</li> </ul> </li> </ul>
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## Access Navigator development

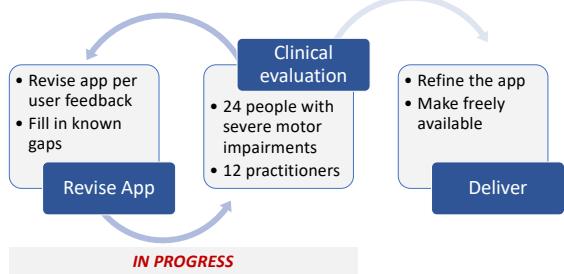


## User feedback study on MVP (early version of the app)

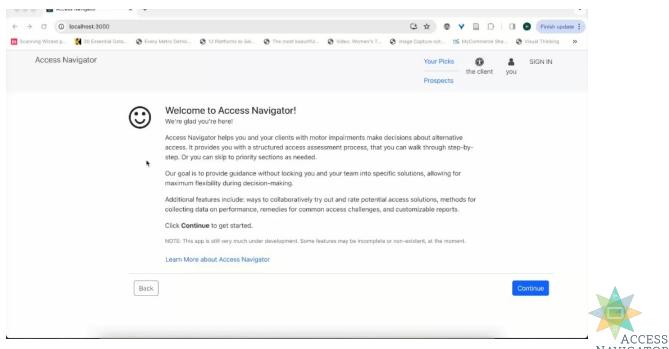
- 5 practitioners in a think-aloud protocol with their chosen use-case scenario
- Data:
  - User think-aloud comments
  - 'Critical incidents'
  - SUS responses (usability score)
  - Responses to open-ended questions
- All participants conducted a mock session correctly and successfully (avg 42 minutes)
- Very high usability (avg SUS of 86)
- 6 key issues in the UI accounted for the 21 major usability problems observed
- Revised design has addressed all 6 of those areas



## Access Navigator – Current and Future Work



## A short demo of Access Navigator



## Access Navigator next steps:

- Would you like to try Access Navigator as a beta tester?
- Maybe participate in our evaluation study?
- Would you consider letting others know about Access Navigator as a resource?
- Please contact Heidi Koester, [hhk@kpronline.com](mailto:hhk@kpronline.com)
- Thank you!



## D3 – mTraining in AAC for Communication Partners

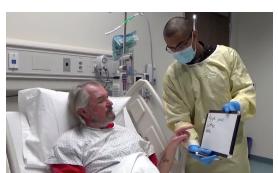
Erik Jakobs, Janice Light, Susan Fager, Jessica Gormley, Christine Holyfield, David McNaughton, Tara McCarty, Dawn Sowers, Savanna Brittlebank, Kristina Exton, Emily Laubscher, & Kelsey Steffen



## Partner mTraining

### The problem

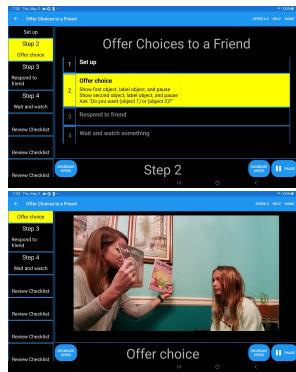
- People who rely on AAC interact with numerous communication partners in home, school, work, community & healthcare settings
- Communication partners are often untrained in AAC
  - They preempt opportunities to communicate
- As a result, people who rely on AAC are unable to communicate and participate successfully



## Partner mTraining

### Proposed Solution

- Develop a user-friendly app to create partner mTrainings that can be deployed "just-in-time" to teach partners AAC strategies
  - INSTRUCT app**
- The app includes
  - Description of strategy & benefits
  - Step-by-step instructions
  - Checklist of steps
  - Video models of each step
- Trainings may be
  - Generalized to meet the needs of a number of individuals who need or use AAC
  - Personalized to meet the needs of a specific AAC user and / or communication partner



## Partner mTraining Evaluation of the App

### Usability studies

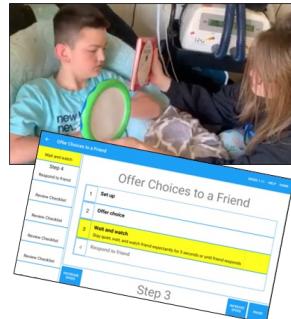
- Continuous feedback from end-users on usability
- Iterative design and testing

### Numerous studies to evaluate effectiveness of generalized & personalized trainings

- Impact on communication partners including
  - Healthcare providers, educational professionals, members of community, families, peers
- Resulting impact on communication of individuals who need or use AAC

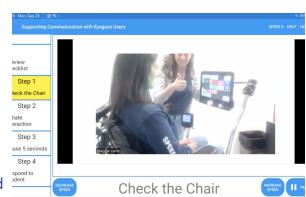
## Teaching peers to interact with students with multiple disabilities including CVI (McCarty & Light, 2025)

- Pretest/Posttest Control Group Design
  - Students with multiple disabilities and CVI who are intentional, presymbolic communicators
  - Nondisabled peers (3rd & 4th grade)
- INSTRUCT app taught peers how to structure opportunities to offer choices
  - Training completed independently by peers in pairs
  - Role plays to practice in collaborative learning pairs
- Results
  - Peers who completed the training demonstrated significant gains in strategy use
    - +4.9 sub steps from a 10-step checklist
  - Students with multiple disabilities communicated successfully in 84% of the opportunities provided by peers after training



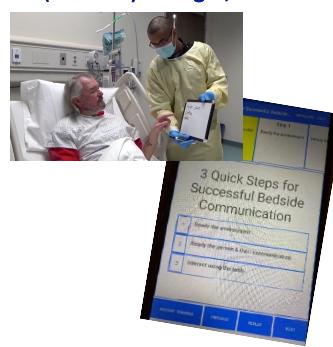
## Teaching educational staff to interact with students who use eye gaze AAC technology (Sowers et al., 2025)

- Pretest/Posttest Control Group Design
  - Students with motor impairments who use eye gaze to control AAC technologies
  - Educational staff in the school setting
- INSTRUCT app taught staff how to offer opportunities for communication, wait for responses, and respond appropriately
- Results
  - Staff who completed the training demonstrated significant gains in strategy use
  - Students who used eye gaze showed improved communication



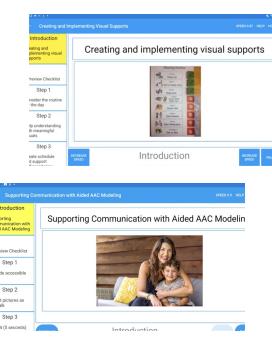
## Teaching healthcare professionals (Gormley & Fager, in progress)

- Pretest/Posttest Control Group Design
  - Acute care healthcare workers (nurses, certified nursing assistants)
  - Adults with a new onset communication challenges (e.g., aphasia, intubation)
- INSTRUCT app targets "3 Quick Steps for Successful Bedside Communication"
- Data collection in progress
  - Pre/post communicative interaction performance
  - Experiences of patients & staff after each interaction
  - Staff feedback on the INSTRUCT training

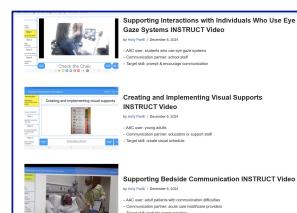
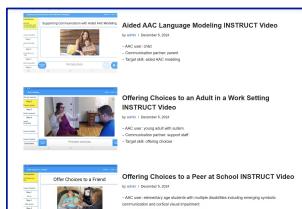


## Additional INSTRUCT trainings

- Teach group home staff to interact with adults with severe autism (Sowers et al., 2025)
- Teach aided AAC modeling (Laubscher et al.)
- Teach preservice students
  - To design & use VSDs with beginning communicators (Exton et al.)
  - To provide instruction in decoding (Brittlebank, in progress)
- Evaluate personalized training developed by adult with autism to teach partners to interact (Steffan et al., in progress)
- Evaluate personalized trainings to support individuals with primary progressive aphasia (Sowers, Fager, & Gormley, in progress)



## Library of INSTRUCT trainings to be made freely available



## R2 - AAC Literacy Decoding Technology

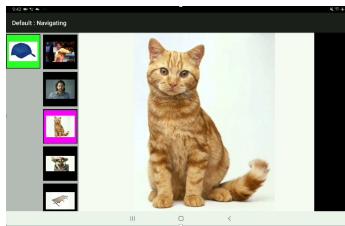
Christine Holyfield, Janice Light, Erik Jakobs, Beth Frick Semmler, David McNaughton, Savanna Brittlebank, Tim Deluca, Lauramarie Pope, & Rylie Mueller



## R2: AAC Literacy Decoding Technology

### The problem

- Literacy skills are essential to full participation in today's society
- More than 90% of individuals with complex communication needs enter adulthood without literacy skills
- Individuals with complex needs who are not literate rely on pictures
- Current AAC technologies do not support the transition from picture symbols to literacy



## AAC Literacy Decoding Technology Evaluation

- Series of single case experimental design studies
  - Effect of T2L decoding technology (VSD or grid) – models of decoding
  - No additional instruction or feedback
- Over 50 study participants, including over 40 individuals with developmental disabilities who use or require AAC have participated
  - Participants with developmental disabilities ranged from 4 to 27 years old
  - Participant diagnoses include autism, Down syndrome, cerebral palsy



## AAC Literacy Decoding Technology Evaluation

- 88% of participants who have completed exposure to the technology to date showed clear increases in foundational literacy skills such as:
  - Decoding familiar and novel words
  - Encoding familiar and novel words
  - Letter sound correspondence
  - Initial phoneme segmentation
  - Print awareness
  - Engagement in literacy activities



## Training and Dissemination

Tracy Rackensperger, David McNaughton, & Lance McClemore



## Challenge



## Challenge



## T-1, 2, & 3: Mentored Research and Lab Experiences



## T-4 Doctoral Student AAC R&D Think Tank



The 2019 Doctoral Student AAC Research Think Tank was held on the University Park campus of Penn State University from May 16-18, 2019. The Think Tank brought together over 30 doctoral students and faculty from across the United States and Canada to discuss research in AAC. The Think Tank was organized by the AAC Center at Penn State, the Department of Speech Pathology and Audiology, and the Department of Special Education. The Think Tank was sponsored by the AAC Center, the AAC Research Think Tank, and the AAC Center at Penn State.

**Doctoral Student AAC Research Think Tank 2022**  
Building Research Capacity in AAC

**Home**  
The 2022 Doctoral Student AAC Research Think Tank will be held on the University Park campus of Penn State University from Tuesday May 10, 2022 through Thursday May 12, 2022. The Think Tank brought together over 30 doctoral students and faculty from across the United States and Canada to discuss research in AAC.



## Planned topics (May 6-8, 2025)

- Developing research partnerships with people who need or use AAC
- Establishing and maintaining collaborations with other researchers and community partners

**"Recognizing experience as expertise":**

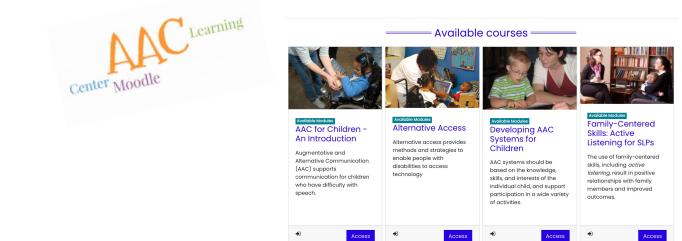
Supporting the participation of people who use AAC in pre-service training for SLPs and teachers using video teleconference technology

Tracy Ruckensperger, David Chappell, Lance McElmore, & David McNaughton



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## T-5 AAC Webcasts and Instructional Materials



**AAC Learning**  
**Center Moodle**

**Available courses**

AAC for Children – An Introduction	Alternative Access	Developing AAC Systems for Children	Family-Centered Skills: Active Listening for SLPs
Augmentative and Alternative Communication (AAC) supports communication for children who have difficulty with speech.	Alternative access provides resources and strategies to enable people with disabilities to access technology.	AAC systems should be based on the knowledge, skills, and interests of the individual and support participation in a wide variety of activities.	The use of family-centered skills and active listening result in positive relationships with family members and improved outcomes.



Chris Klein: Building Relationships through the Tools of Communication  
David McNaughton



Family-Centered Services: 5 Key Principles (Armendariz, et al, 2023)



Personalized AAC to increase participation and communication for an adult with Down syndrome (Babb et al., 2021)

January 14, 2021 by Emily Hansen Luebbering



Babb, S., Lang, S., Odeke, C., McNaughton, D., & Light, J. (2021). Personalized AAC Intervention to Increase Participation and Communication for an Adult with Down Syndrome. *Journal of Speech, Language, and Hearing Research, 64*(1), 232-244. [https://doi.org/10.1044/2019\\_0000000000240](https://doi.org/10.1044/2019_0000000000240)  
FREE on PubMed

Child-parent-provider interactions in an inpatient rehabilitation facility (Gormley & Light, 2021)

April 30, 2021 by David McNaughton



Gormley, J., & Light, J. (2021). Child-parent-provider interactions of a child with complex communication needs in an inpatient rehabilitation facility: A pilot study. *American Journal of Speech-Language Pathology, 30*(1), 105-118. [https://doi.org/10.1044/2020\\_AJSLP-20-00931](https://doi.org/10.1044/2020_AJSLP-20-00931)  
FREE on PubMed

RERC on AAC

Tracy Rackensperger (Ph.D)

- Co-Leader of Training and Dissemination Team for the RERC on AAC
- University of Georgia



AAC Consumer & Technology Forums (2021-2025)



Direct Support Management and Community Participation For AAC Users

Tracy Rackensperger, Lance N. David McNaughton, Hannah

"Recognizing experience as expertise":

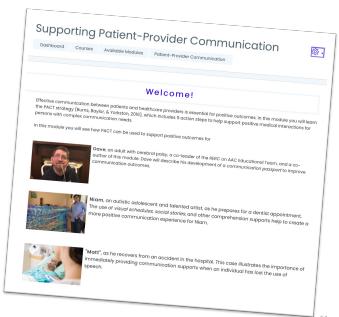
Supporting the participation of people who use AAC in pre-service training for SLPs and teachers using video teleconference technology

Tracy Rackensperger, David Chapelle, Lance McLeMORE, & David McNaughton, Hannah

RERC on AAC

Supporting Patient-Provider Communication (Stroschein et al, 2021)

- P Prepare for the visit
- A Ask questions
- C Create a plan
- T Take away material



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Future of AAC Research Summit (May 6-7, 2024)



Future of AAC Research Summit (May 6-7, 2024)

**How ableism impacts people who use AAC**

Lateef McLeod

Future of AAC Research Summit, 2024

Future of AAC Research Summit (May 6-7, 2024)



RERC-AAC.PSU.EDU

RERC on AAC

Home People News Research Development Training **Effect & Dissemination** Webcasts & Instructional Modules

The RERC on AAC is a collaborative center committed to advancing knowledge and producing innovative engineering solutions in augmentative and alternative communication (AAC). Our research and development program will emphasize strong tech transfer and employ a comprehensive dissemination plan to improve outcomes for children and adults with both developmental and acquired disabilities across the life span.

More text

Research Development Training

The RERC on AAC is funded by the NIDCD. The RERC on AAC is a part of the Penn State Center for Injury Research.

## The need

- More than 5 million Americans have severe disabilities resulting in complex communication needs
  - Developmental disabilities
  - Acquired conditions
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- More than 97 million people worldwide



The work all of us do, I believe, must increasingly come down to pursuing, and attempting to secure, fundamental fairness. Envisaging and creating knowledge and ways in which we can better express ourselves, be heard, and live in community with all others.

For true community is not a dot on a map. It is a way a way of belonging. The right to community and communication are the life blood of one another.

*Bob Williams (2024)*



Questions?

